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# The Air He Breathes



## Synopsis

I was warned about Tristan Cole. "Stay away from him," people said. "He's cruel." "He's cold." "He's damaged." It's easy to judge a man because of his past. To look at Tristan and see a monster. But I couldn't do that. I had to accept the wreckage that lived inside of him because it also lived inside of me. We were both empty. We were both looking for something else. Something more. We both wanted to put together the shattered pieces of our yesterdays. Then perhaps we could finally remember how to breathe.

## Book Information

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## Customer Reviews

The Air He Breathes is the most beautiful book I've read this year. It's a stunning, emotional, heartbreakingly powerful read. It's outstanding and it's by far Brittainy's best work and my favorite book of hers. In fact, it's my favorite book of 2015. Yes. You read that right. The same author that wrote my favorite book of 2014 (Loving Mr. Daniels) also wrote my favorite book of 2015. This is a book that will stay with you and one you don't want to miss out on reading. Loss. It can be devastating and debilitating. Losing someone you love has to be one of the worst feelings in the world. Losing the love of your life

makes it that much worse. Elizabeth is trying her best to move on, to live every day. To breathe. It helps that she has Emma, her beautiful daughter. She has to stay strong. For her. After an extended visit with her Mama, Elizabeth decides to come home. It's time. When she gets there, things around her are much of the same, but nothing feels the same for her. Then she meets him. The new town jerk. The guy everyone talks about but avoids. Tristan Cole. There is more than Tristan than meets the eye. You know that loss we talked about earlier? Tristan has had the ultimate loss. And it forever changed him. The last thing Tristan Cole wants is a friend. But Elizabeth befriends him anyway. He resists, but eventually, she wears him down. Her persistence is stronger than his stubbornness. For the first time since his loss, Tristan finds some happiness and even a little peace with Elizabeth and Emma. They are bonded together by their loss. Their loss is what connects them at first. It's clear as day they are attracted to one another, though both are hesitant to act on it. The progression of their relationship is paced perfectly. They are both damaged, but together, they feel a little more whole. Even if it only is pretend for now. Lets talk about the characters- Tristan was such a jerk at the beginning. I wasn't sure he would win me over, but he certainly did. I loved that even when he and Liz's friendship started to grow, he didn't automatically change. It was a gradual progression and it worked well with the story. You could tell how hurt and damaged he was and it took a lot of time for him to come around. And a ton of patience on Liz's part. Lizzie was just amazing. She was such a strong heroine. She lost so much, yet was able to give so much of herself to helping Tristan and accepting him. I love that she didn't care what others thought of her being friends with him etc. I loved the kind of mother she was to Emma and also what kind of friend she was. She had great character. And a special shout out to her best friend- seriously what a hoot! Faye brought some much needed laughter to the serious story and was a great addition. Another thing I loved about this book is that it wasn't predictable. There were several twists I didn't see coming at all. I love being surprised in a book. I also loved so much how the friendship turned into something more. At first it started just as a way for the two of them to cope, then it turned into something beautiful. Brittainy C Cherry can tell a story like no other. She has this way of sucking you in with her endearing tales, lovable characters and flawless writing. She is like a unicorn. That one special author that never fails to produce a book that goes straight to the top of my favorites list. The one who writes and speaks to my heart, my mind and my soul. If you're looking for a book that will make you feel, make you love, move you and make your heart soar, read this book. I cried, I smiled, I cried some more, and by the end, I may have cried again (those were the happy tears). I highlighted a ton because every page was stunning. Every scene had something worth highlighting. The lines in this

book were beyond gorgeous. The Air He Breathes is the most beautiful story of love, loss, friendship, healing and perseverance. It's a book that is sitting at #1 on my favorites list and one I would recommend to any and everyone. I'm shouting it from the rooftops here READ THIS BOOK! You won't regret it!

Be still my beating heart"Show me the shadows that keep you up at night. Kiss me with your darkness" I cannot even begin to describe in words what this book did to me. Miss Cherry you are a horrible person ,in the best kind of way. Oh my heart. I cried so many different times, I happy cried, I sad cried but mostly I ugly cried. But it was all OKAY because I also LOL'ed a lotLiz and Tristan both experienced such a devastating event. An event that any sane person would be uncomfortable discussing. I say uncomfortable because that is what death does to people. It makes them uncomfortable. Uncomfortable bringing it up in conversation, uncomfortable giving support, and uncomfortable bringing up past memories. I feel that was the beauty in this book. It is something we never like to discuss. We never like to read about. Sadly its there, this book had a magnetic pull on me. I was even uncomfortable reading it. However it needed to be read. The emotion within the words mesmerized me."They loved in a way that made fairy tales envious""... but sometimes tomorrow never comes and you're only left with the memories of yesterdays""Maybe the truest form of love grew from the deepest kinds of pain" AND can I just say Shoot me. Shoot me now, because that is hands-down the most epic way all time - I Cried like a little baby!!Oh a lighter note - Do we not just absolutely LOVE Faye? My friends and I have had similar conversations and I always leave feeling lighter.Tanner, I mean. He always made me feel icky. I honestly though had no idea how that plot was going to thicken. Holy cow. My stomach was in knots, I neglected to feed my child, shower, prep Easter Dinner, and do my dishes simply because I was so hooked to this book. (Don't judge me. I know you have all been there)

The Air He Breathes, by Brittainy C Cherry was a second chance love story between two characters feeling empty inside. The story explored the emotions of two characters who lost a part of their soul and struggled with life without their soulmates. Both characters were lost and alone with painful thoughts of a past never forgotten but missed. These complex characters shared an emptiness inside them only these two understood. This was a standalone book in the Elements series. The story had themes of courage, strength, hope and survival. I was in love with Brittainy's words. She was an excellent storyteller. I liked the alternating points of view and the transitional timelines. The main characters felt real because they were dealing with real problems. The minor characters added

to the growth and development of both characters. Brittainy connected these two lost souls opening up the pain of loneliness using minor characters and shared memories to bring lightness into their darkness."I'll help you hold onto him. I'll help you remember." What a beautiful and thought provoking quote. I liked the steps Brittainy used to help heal the broken pieces of these torn characters. These main characters shared many similarities, yet chose different paths at healing and moving on. Brittainy moved me with her thought provoking words by expressing the emotional turmoil these characters experienced together and separately. The transitions and steps taken to digest the pain of loss was told remarkably well. The minor characters balanced the main characters grief by offering a stable outlook of a positive future full of hope.

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